

# International Journal of Philosophical Practice

Official Journal of the National Philosophical Counselling Association

---

---

Vol. 8, No. 1—Spring 2022

Select papers from the 4<sup>th</sup> International Conference on Philosophical Counselling  
and Practice (February 11 and 12, 2022)

Co-Editors - Dr. Elliot D. Cohen, Dr. Samuel Zinaich  
Managing Editor - Dr. Himani Chaukar

---

## Table of Contents

### How Parrhesia in Doing Philosophy with Children Develops Their Touchstones of Reality

*Maria Tillmanns*.....1

### Field Notes of a Philosophical Counselor

*John Mills*.....12

### Uplifting Philosophies in Naruto

*Aaditya Jadhav*.....25

### LBT, Socratic Intellectualism, and Self-Knowledge

*Carol Gould* .....45

### A Psychotherapist Seeks Philosophical Counseling: A Dialogue

*Ross Reed*.....54

### The Philosophical Counselor and Unconditional Positive Regard

*Adriana Vlaicu*.....65

### The Utility of Jan Smuts' Theory of Holism for Philosophical Counseling

*Guy du Plessis & Robert Weathers* .....80

### The Art of Confrontation in Philosophical Counseling

*Anca-Cornelia Tiurean* .....105

### The Artificial Philosophical Counselor

*Andrei Nutas*.....124

### Envy in Logic Based Therapy

*Ivan Guajardo*.....138

### UNDERGRADUATE PAPER ON LOGIC-BASED THERAPY

### Fallacies in the Age of Social Media

*Paridhi Chaudhary* .....155