

THE
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THE ENERGIES OF MEN.¹

WE habitually hear much nowadays of the difference between structural and functional psychology. I am not sure that I understand the difference, but it probably has something to do with what I have privately been accustomed to distinguish as the analytical and the clinical points of view in psychological observation. Professor Sanford, in a recently published "Sketch of a Beginner's Course in Psychology," recommended "the physician's attitude" in that subject as the thing the teacher should first of all try to impart to the pupil. I fancy that few of you can have read Professor Pierre Janet's masterly works in mental pathology without being struck by the little use he makes of the machinery usually relied on by psychologists, and by his own reliance on conceptions which in the laboratories and in scientific publications we never hear of at all.

Discriminations and associations, the rise and fall of thresholds, impulses and inhibitions, fatigue, — these are the terms into which our inner life is analyzed by psychologists who are not doctors, and in which, by hook or crook, its aberrations from normality have to be expressed. They can indeed be described, after the fact, in such terms, but always lamely; and everyone must feel how much is unaccounted for, how much left out.

When we turn to Janet's pages, we find entirely other forms of thought employed. Oscillations of the level of mental energy, differences of tension, splittings of consciousness, sentiments of insufficiency and of unreality, substitutions, agitations and anxieties, depersonalizations — such are the elementary conceptions

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